



Down Syndrome
OPTIONS
Optimizing Potential Through Integrative
Opportunities Now



Mission Statement

Increase awareness and educate parents and practitioners on options for individuals with Down syndrome to help improve speech and learning as well as physical, emotional, social and intellectual growth and development.



Mission...

These options first, do no harm and second, look to epigenetic, neurological, biomedical, nutritional and environmental interventions which are supported by scientific information, clinical experience and parent observations.



Mission...

Facilitate collaboration and networking for distribution of accurate information about integrative options for individuals with Down syndrome to families, government and professional agencies and non-profit organizations worldwide.



Down Syndrome **OPTIONS** Goals

- o Be the most valuable and trustworthy resource for families of individuals with Down syndrome.
- o Gather, interpret and disseminate research to families and practitioners through print and digital media as well as through personal contact, both on location and online.



Goals

- o Host two educational conferences per year that explains treatment options for parents and caregivers.
- o Build a network of doctors who support integrative treatment options for individuals with Down syndrome.



Goals

- o Coordinate a patient registry to track symptoms, interventions and outcome data.
- o Organize and conduct clinical trials.
- o Work in conjunction with research labs to identify potential interventions to mitigate and remediate the frequent development of Alzheimer disease in Down syndrome.

Medical Academy of Pediatric Special Needs

- o Clinician referral list at medmaps.org
- o MAPS prepares medical professionals to confidentially deliver the best possible care to children with autism spectrum disorders and other related special needs conditions.
- o MAPS provides education and long-term support for practitioners, ensuring the quality and uniformity of medical care.
- o Providers are required to maintain continuing medical education (CME) and fellowship requirements



Online Support

- o downsyndromeoptions.org
- o Join our online community
- o Information on supplements and various therapies
- o OPTIONs newsletter
- o Access to Autism360 parent database

Autism360

- o Build a profile
- o Find treatment options from others like your child
- o Track progress
- o Get reports